

Kids of Steel Series® 2018 - Application Form

This form should be signed by a parent or guardian, then sent to: Kids of Steel® -- Triathlon Manitoba, 145 Pacific Ave, Winnipeg, MB, R3B 2Z6, along with the registration fee (cheques payable to Triathlon Manitoba). For more information or online registration, please see the Kids of Steel® page on our website at www.triathlonmanitoba.ca or call Triathlon Manitoba at 925-5636.

Triathl	on Manitoba is an authorized user of KIDS OF STEEL®	owned by Triathlon (Canada (F	PLEASE PRI	NT CLEARLY)
Last l	Name	First I	Name	Male	Female
Emai	1	Athlete's or	parent's address – somewhere to	send import	ant race information
Addr	ess	City/Town _	P	Province	
Posta	1 Code Phone		Date of Birth		
parti	mation on this form may be used by Tri cipants about Triathlon Manitoba program onal information about me to be posted to To	s, events and ac riathlon Manitob	tivities. I am aware that by goa's website and publications.		
	Category (Please check appropriate box.) December 31 st of current year	=	Distance		
	6 & 7 years		50m Swim / 1.5k Bike / 3	500m Run	
	8 & 9 years		100m Swim / 5k Bike / 1	k Run	
	10 & 11 years		200m Swim / 5k Bike / 2	k Run	
	12 & 13 years Short Course		200m Swim / 5k Bike / 2	k Run	
	12 & 13 years Long Course		300m Swim / 10k Bike /	3k Run	
	14 & 15 years Short Course		300m Swim / 10k Bike /	3k Run	
	14 & 15 years Long Course		500m Swim / 10k Bike /	4k Run	
	of Steel Membership - \$10	eived)	Race day registration - \$35	☐ (check if	received)
TriM	IB Membership number		Total enclosed \$		

Are you interested in volunteering at this event? Volunteer activities include timing, crowd control, swim monitor, etc. Please see us at check-in on race day.

* CANCELLATION POLICY – entry fee is totally non-refundable.







WAIVER FORMAT FOR USE

AWARENESS AND ACKNOWLEDGEMENT OF RISKS

I have voluntarily elected to participate in the Kids of Steel race, and related programs, events & activities (collectively "the Activity"). I acknowledge that my participation in the Activity poses known and unknown dangers & risks, including risk of serious injury or death. Without in any way limiting the generality of the foregoing, the risks & hazards of the Activity include, but are not limited to, injuries as a result of:

- Entering the water by either diving, running or jumping;
- Spending extended times in pools or lakes including bacterial infections and rashes;
- · Physical contact with other participants while swimming including crowding, pushing, kicking and punching;
- Water conditions such as currents, waves, water temperate and water clarity;
- Physical contact with pool walls or lake rocks and bottoms;
- Physical contact with other participants while cycling and running;
- Road conditions, terrains and vehicular traffic while cycling and running;
- From one's failure to stay within the designated course area while cycling and running;
- Falling while cycling or running; Changing weather conditions; Burns or lacerations from disc brakes;
- Dehydration and/or fatigue; and Negligence of other participants or others.

I have satisfied myself that I am physically, emotionally and mentally able to participate in the Activity and that my attire and my equipment, if any, is safe and suitable for use in the Activity. I accept full responsibility for understanding and following the rules and safe practices associated with participation in the Activity and I accept that full responsibility for my personal safety rests with me at all times. I will immediately remove myself from participation in the Activity, and notify the nearest official, if at any time I sense or observe any unusual hazard or unsafe condition or if there is any change in my physical, mental or emotional fitness for continued participation in the Activity.

ACCEPTANCE OF TERMS AND CONDITIONS

In consideration of the acceptance of my entry and participation in the Activity, I agree as follows:

- 1. I will comply with all the rules and regulations of Triathlon Canada, the International Triathlon Union, and the instructions of the event organizers and officials.
- 2. I am aware of Triathlon Manitoba's bylaws and policies (which can be found at www.triathlonmanitoba.ca) and agree to be bound by them.
- 3. I have sole responsibility for my personal possessions and athletic equipment during the Activity.
- 4. I grant full permission for Kids of Steel or Triathlon Manitoba to use my personal likeness, including as contained in any photographs, as part of the event website photo gallery.
- 5. In the event of a race cancellation due to a storm or other "force majeure" my entry fee will be non-refundable.
- 6. With my participation in the event and/or Activity, I may be subject to unannounced drug testing as provided for by Triathlon Canada's agreement with the Canadian Centre for Ethics in Sport.

WAIVER AND RELEASE FROM LIABILITY (Read carefully, as by signing this you are giving up important legal rights)

In consideration of my participation in the Activity, I, for myself, my heirs, executors, administrators and next of kin, including any accompanying minors, HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE Triathlon Manitoba, Kids of Steel and all of their directors, officers, members, employees, coaches, officials, volunteers, race directors/organizers, agents, sponsors, funding partners, and owners/operators of the facility/venue, FROM ANY AND ALL CLAIMS, DAMAGES AND LIABILITY of any kind whatsoever that I may have against them, their representatives, successors and assigns, in respect to death, illness, injury, or loss or damage to my person or property, HOWEVER CAUSED, that I may sustain as a result of my participation in the Activity, AND NOTWITHSTANDING that the loss, claim, damage or liability may have been contributed to or caused by the negligence or breach of duty of any one or more of the above named.

I further acknowledge and understand that insurance coverage for this event does not provide me with personal accident insurance coverage and that I am responsible to obtain my own personal accident insurance coverage should I wish to be eligible for accident benefits that are in excess of those currently covered through my provincial or private health insurance plan(s).

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above AWARENESS AND ACKNOWLEDGMENT OF RISKS, TERMS AND CONDITIONS and WAIVER AND RELEASE FROM LIABILITY AND HAVE EXECUTED THIS AGREEMENT VOLUNTARILY.

I have read this document thoroughly and I understand that, by signing it, I will **WAIVE AND GIVE UP IMPORTANT LEGAL RIGHTS**, including the right to sue. I have been afforded a full and unconstrained opportunity to withdraw from the Activity, should I not wish to assume all of the dangers and risks associated with it, but I have freely and voluntarily elected to assume all of these dangers and risks, to give up important legal rights as set out in this document, and to participate in the Activity.

Please print name clearly:	Signature:	Date: